

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZPL

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vansichem Deena

Coaches: Gerard Pascal HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 12: 100M BREASTSTROKE MIXED 10-9			Heat:2, starttime: 14:03
Heat: 2/6 Lane : 5 Athlete: OOSTERBOSCH FINN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 13: 50M BREASTSTROKE MEN 11+			Heat:2, starttime: 14:18
Heat: 2/11 Lane : 7 Athlete: OOSTERBOSCH NOAH			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 14:31
Heat: 1/11 Lane : 4 Athlete: OOSTERBOSCH EMMA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

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Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 14:46
Heat: 1/7 Lane : 6 Athlete: JONGEN KENZI			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 02:13.65 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 15:05
Heat: 2/10 Lane : 7 Athlete: GERARD LAURE			Q-time: 01:56:38
PB (50m pool): 01:56.38 SportinGenk Park 11/11/2025			PB (25m pool): 01:52.55 SB: 01:56.38 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:56.38	
	no time		
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 15:07
Heat: 3/10 Lane : 8 Athlete: JONGEN JADE			Q-time: 01:49:00
PB (50m pool): 01:49.00 SportinGenk Park 11/11/2025			PB (25m pool): 01:42.56 SB: 01:49.00 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:49.00	
	no time		
			

Coach feedback:

Event number: 18: 100M FREESTYLE MIXED 10-9			Heat:2, starttime: 15:35
Heat: 2/5 Lane : 7 Athlete: OOSTERBOSCH FINN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 02:19.21 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 18: 100M FREESTYLE MIXED 10-9			Heat:3, starttime: 15:38
Heat: 3/5 Lane : 7 Athlete: NICOLAERS MARIE			Q-time: 99:99:99
PB (50m pool): 01:27.94 SportinGenk Park 11/11/2025			PB (25m pool): 01:23.71 SB: 01:27.94 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:27.94	
	no time		
			

Coach feedback:

Event number: 19: 50M FREESTYLE MEN 11+			Heat:1, starttime: 15:45
Heat: 1/6 Lane : 3 Athlete: OOSTERBOSCH NOAH			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 20: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:54
Heat: 2/9 Lane : 8 Athlete: OOSTERBOSCH EMMA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:2, starttime: 16:15
Heat: 2/12 Lane : 5 Athlete: JONGEN KENZI			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 16:37
Heat: 2/12 Lane : 5 Athlete: GERARD LAURE			Q-time: 01:30:33
PB (50m pool): 01:30.33 Genk 01/02/2026			PB (25m pool): 01:31.85 SB: 01:30.33 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:42.42	01:30.33	
	00:42.42	00:47.91	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:39
Heat: 3/12 Lane : 8 Athlete: JONGEN JADE			Q-time: 01:29:59
PB (50m pool): 01:29.59 SportinGenk Park 11/11/2025			PB (25m pool): 01:39.05 SB: 01:29.59 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:29.59	
	no time		
			

Coach feedback: